




























































GROUP CYCLE STUDIO

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5.00am	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM
6.00am	 Les Mills RPM	 Les Mills RPM	RPM SUE	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM
7.00am	 Les Mills RPM	 Les Mills RPM		 Les Mills RPM 30	 Les Mills RPM 30	 Les Mills RPM	 Les Mills RPM
8.00am							 Les Mills RPM
8.30am	 Les Mills RPM 30				 Les Mills RPM 30	group cycle ANDREW.P	
8.45am		 Les Mills RPM 30	 Les Mills RPM 30				
9.00am	 Les Mills RPM			 Les Mills RPM			 Les Mills RPM
10.30am			 Les Mills RPM 30		 Les Mills RPM		
12.15pm	 Les Mills RPM 30	RPM xp SARAH	 Les Mills RPM 30	RPM xp SARAH	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM
2.15pm	 Les Mills RPM	 Les Mills RPM			 Les Mills RPM	 Les Mills RPM	
3.30pm				 Les Mills RPM			
4.00pm		 Les Mills RPM	 Les Mills RPM 30		 Les Mills RPM	 Les Mills RPM	 Les Mills RPM
4.30pm							
4.45pm	 Les Mills RPM 30		 Les Mills RPM 30				
5.15pm					 Les Mills RPM 30	 Les Mills RPM	 Les Mills RPM
5.45pm	group cycle ANDREW P	RPM SUE	 Les Mills RPM	group cycle ANDREW P			
7.00pm	 Les Mills RPM	 Les Mills RPM	 Les Mills RPM		 Les Mills RPM 30	 Les Mills RPM 30	 Les Mills RPM 30
8.15pm	 Les Mills RPM	 Les Mills RPM		 Les Mills RPM			