

your fitness

Group Fitness Studio TWO

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Mon	Tue	Wed	Thu	Fri	
		6.00am		6.00AM	
		power yoga		yourbarre total body	
		Sara		Amanda	
				12.15PM	
				yourbarre45	
		•		total body	
	4PM-5.30PM		4PM-5.30PM	Zoe	
	PRIVATE SESSION		PRIVATE SESSION		
4.45PM yourbarre	anna anna	4.45PM yourbarre	Congression		
total body	DAILE STATE	total body	RRIVE		
Megan		Megan			
5.45PM	5.45PM	5.45PM	5.45PM	5.45PM	
Alternative	power yoga	yourbarre booty blitz	pole fit	power yoga	
	Tina	70e	Sandra	Tina	

Sat 8.00AM yourbarre booty blitz Zoe