

# GROUP FITNESS STUDIO 1

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0:00	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>
1:00AM	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>
2:00AM	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>
3:00AM	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>
4:00AM	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>
5:00AM	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>
6:00AM	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<b>BodyPump</b> Sue	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>
7:00AM	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>
8:15AM	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>
9:30AM	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<b>BodyPump</b> Rosita	<b>YourYoga</b> Naho	<b>BodyBlast</b> Chris	<b>BodyBalance</b> Kavlah	<b>BodyPump</b> Sue	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>
10:45AM	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<b>YourYoga 10:30AM</b> Meri	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>
12:15PM	<b>BodyBlast</b> Ian	<b>BodyBalance xp</b> Meri	<b>BodyBlast</b> Chris	<b>MatPilates</b> Meri	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>
1:30PM	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>
2:30PM	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>
3:30PM	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>
4:45PM	<b>PowerCircuit</b> Gracyn	<b>BodyPump xp</b> Sue	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<b>JustAbs</b> Ian	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>
5:45PM	<b>BodyPump</b> Sue	<b>DanceCardio</b> Kavlah	<b>BodyPump</b> Rosita	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>		
6:00PM					<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>
7:00PM	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>
8:15PM	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>
9:30PM	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>
10:00PM	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>BODYBALANCE VIRTUAL</b>
11:00PM	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>	<small>LesMills</small> <b>BODYPUMP VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>SH'BAM VIRTUAL</b>	<small>LesMills</small> <b>CXWORX VIRTUAL</b>	<small>LesMills</small> <b>BODYCOMBAT VIRTUAL</b>