

Studio 1

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0:00							
1:00AM							
2:00AM							
3:00AM							
4:00AM							
5:00AM							
6:00AM							
7:15AM							
8:15AM						NO CLASS	
9:30AM							
10:45AM							
12:15PM	BodyPump XP Sue	Spin XP Sue		BodyPump XP Sue			
1:15PM							
2:30PM							
3:30PM							
4:30PM	NO CLASS						
5:45PM	BodyPump Sue		BodyPump Sue				
7:00PM							
8:15PM							
9:30PM							
10:00PM							
11:00PM							